



sreedhar vaidya



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Artists Corner



KANJanam eQuarterly Volume 1 Issue 1

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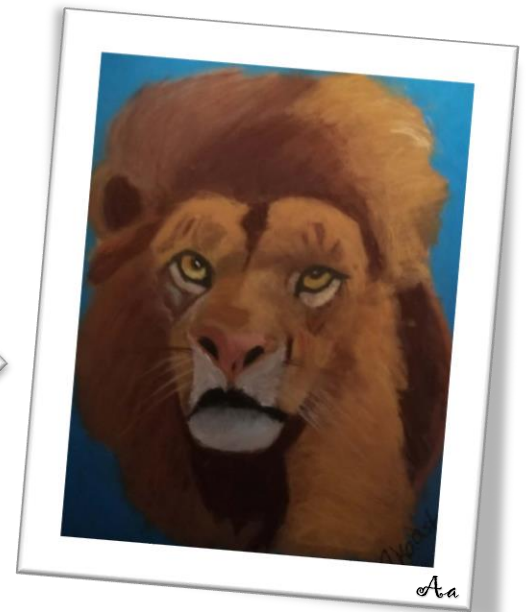
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## Artists corner



Sandhya Hariharan



**About Artist:** A house wife who enjoys different forms of art like sketching, painting, singing, dancing etc.



## President's Message



**Biju Joseph**

Spring brings with it the promise of new life and vigor. In this spring of 2018, we behold the 10-year-old KAN tree – robust and blooming. Under the care of efficient leaders, it has flourished and become what it is. This year as our KAN family grows, we would like to introduce our KAN e-quarterly newsletter-KANJanam. As the name goes, it's all about KAN Janam, the KAN people. Then again as the meaning of the word says, as translated in Malayalam, gold!

This is a platform for our members to showcase their literary talents in the form of poems, prose, riddles, cartoons etc. The written word exerts its power differently than the spoken word, for the written word speaks to you again and again. It could force people to think, it has in it the capability to transform lives. Artistic expression soothes the writer and heals the reader.

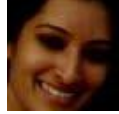
As we reside here in the US, our minds and memories make frequent trips back home to our land close to our heart-Kerala. KAN began and still stands for a gathering of such people.

KANJanam offers you the opportunity to cross over the boundaries set by humans to reach humanity by your literary works. What we contribute will uplift, educate and motivate another person. Let us join to contribute in our new venture KANJanam. It would grow to include information about KAN activities, KAN outreach, KCCN updates, KAN women's forum and KAN youth forum events.

I would like to take time to recognize and thank my editorial team's hard work behind this endeavor.

Wishing everyone a great summer!

## KANJanam



**Sandhya Hariharan**

On this 10th Year Anniversary of KAN, we the members of 'The KAN Family', proudly present our very first E-Quarterly magazine. We bring to you articles ranging from Art to Poetry, Reel Short Stories to Real Life Scenarios, Health Tips to Jokes, you name it and we have it.

As an Editor, this is my very first effort, at being a part of such a wonderful creation. It sure has been fun all the way and it does not stop at that alone. We at the Editorial board look forward to many more contributions from each and every one of you KAN Member(s), because it is you who make this E-Quarterly Magazine what it is.

I remember - 'A teacher of mine once told me that change is the only constant in life.'

That's certainly true for the entire editorial team here, since we have spent the last couple of months working tirelessly to bring about this E-Quarterly just for you. Hope you all like it and we appreciate all your efforts in making this a success.



## ഒരു നാഴികക്കല്ല്



**ശങ്കർ മന**

ഒരു കൂട്ടായ്മ സംഘടനയുടേതല്ല അതിന് കൂടുതൽ ജനാധിപത്യ സ്വഭാവം കൈവരണം. അതാണ് കൃത്യമായി പറഞ്ഞാൽ നാഷ്ണലിലെ മലയാളി കൂട്ടായ്മക്ക് ഒരു ദശവർഷം മുമ്പ് സംഭവിച്ചത്. സംഘടനയുണ്ടാകുന്നത് കൊണ്ട് മുമ്പ് പതിറ്റാണ്ടിന്റെ പഴയ കൂട്ടായ്മയുടെ ചരിത്രം ഇല്ലാതാകുന്നില്ല. പക്ഷെ സംഘടനയുടെ പത്തു വർഷത്തെ ചരിത്രം, പൂർണ്ണത മരീചികയാണെങ്കിലും, പൂർണ്ണതയിലേക്കുള്ള പ്രയാണത്തിൽ ഒരു നാഴികക്കല്ലാണ്. ആ നാഴികക്കല്ലിന്റെ ആരംഭത്തിൽ തന്നെ അസോസിയേഷൻ ഒരു പ്രസിദ്ധീകരണം ആരംഭിക്കാൻ കഴിഞ്ഞു എന്നുള്ളത് അഭിമാനാർഹമാണ്. ഈ സംരംഭത്തിന് സഹായം നൽകിയ എല്ലാവരോടും നിസ്സീമമായ നന്ദി പ്രകാശിപ്പിക്കുകയും ഇനിയങ്ങോട്ട് സഹകരണം ഉണ്ടാകണമെന്ന് അഭ്യർത്ഥിക്കുകയും ചെയ്യുന്നു.



## Editorial Board

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## The Road Ahead – Tackling College Admissions



**Dr. Suseela Somarajan**

The college admission process is a stressful and sometimes bewildering experience. Overwhelmed with decisions about how to select undergraduate universities, majors, and scholarships, families can be worried about how to best approach college applications. Initially, I was also skeptical about how I would undertake the hefty financial burden of higher education in the United States. For most of us middle class immigrants, paying the thousands of dollars required to send one child to college is not an easy task. Swamped by the financial decisions and the academic choices, many of us make the blindsided decision by forfeiting a good education for the sake of financial security. My approach changed after hearing the mind-boggling narration of the college admissions process at an eye-opening Tennessee State University (TSU) workshop. During this experience, I met the recipient of over \$250,000 in scholarships, a young girl from a low socioeconomic background and just as much hope as the rest of us. Her story resonated with mine and many other Indian families. However, rather than the bleak perspective I saw in front of me, she had learned to make the best of her circumstances and build the skills to defeat her setbacks. From this workshop, this seemingly tedious process turned into a fruitful investment for the future of my children. I took the skills I gained there and applied it to my children's college experiences. Having watched my two daughters grow up and go off to university, here are some helpful tips as you and your children undertake this next goal.

### Indian Panorama

Recall those childhood days of chasing the bus after tuition classes, listening to your parents drill you on the merits of medical and engineering fields, and being compared to the neighbors' and relatives' kids. Through the impacts in your life, you may have been pushed into a profession where you lack motivation and enthusiasm. For the rest of your life, you ended up having to continue pursuing a profession you don't even enjoy, increasing your job stress and decreasing your workplace morale.

With that in mind, encourage your child to consider their future options. What are their personal and professional goals in life? College should be the place where they develop into

people enriched by the ingenuity, creativity, and community provided in a scholarly environment. We've held their hand and pushed them along as teens, but now they should take the first steps towards the future they want to build. It's important to keep an open mind during this process. While it's all good and well to have high ambitions, we must take into consideration that our children are born and raised in the US, unlike us. They have their own worldly perspectives, which tend to clash with ours. This is simply a byproduct of the diversified society they live in. There will be disagreements & disappointments throughout this process, but it is critical that parents do their role as advisees and children take this advice to heart. There are plenty of workshops, books and professional organizations out there to make sure you make the correct choices on this journey. However, take a positive approach to cultivate this opportunity and stay on track.



**Anagha Ashokan (John Hopkins University)**

Here are the top 5 things one must consider while discussing career paths with young adults.

**Note** - These are general guidelines & you'll need to evaluate them based on your individual situations.

- ✚ Job prospects and/or entrepreneurship
- ✚ Salary (See market salary survey in glassdoor.com, monster.com and other job sites)
- ✚ Balance between job and family
- ✚ Industry culture and sustainability

✚ Personal interest vs ability- don't make the mistake of choosing a job solely because it appears interesting, but also remember that the career path will be a regrettable decision if there is a complete lack of interest in it.

With an idea of what you want to pursue in mind, begin to think about what majors can help you reach that goal. Research which undergraduate majors fit your career path the most by looking online or talking to a high school guidance counselor. Remember to also examine which subjects fit your talents and interests.

If you are unsure about what profession or major to pursue, remain assured that you don't need to have a final decision now. Many colleges have curriculums that allow you to explore different interests so that you can decide on what path fits you best, without rushing into it at a young age. If you have multiple interests, consider double majoring or minoring in those topics.



**Priya Sankaran (University of Miami, FL)**

### Undergraduate Education: India versus USA

The Indian community tends to view the academic mission through a black and white lens. All too often, parents (including myself) boast about their college background and careers to their children. For us, only the highest scores succeed. Everyone else is left behind to pick up the pieces. Higher education in the United States works on a completely different platform than what we've seen in India. Most college advisors will tell you right off the bat that your scores are worth little during the application process if you do not remain equally competitive in extracurricular activities.



American universities place their importance in developing character, in addition to academics. Regardless of what field your child plans to pursue, be sure that they build up a resume filled with extracurricular activities. For Example: If your child has specific plans like medicine or engineering, it's beneficial to gear your activities towards those goals. Focus on the areas that show your career interests. This will also easily translate into a strong college essay during the admissions process. This is not to say that GPA and standardized test scores are not important. On the other hand, a strong GPA is the first step towards a solid foundation in college. In fact, many students find the transition between high school and college difficult, so doing well in high school classes prepares students for college-level academics. Having analyzed the facts thoroughly and consulted college admission counselors, financial aid officers and scholarship agencies, here are a couple pointers you should keep in mind as you apply for undergraduate school.

### High schoolers. What's in your resume?

Most high schoolers will have no idea how to create a basic resume for the first time. Many of us parents may not know what a high school resume even looks like, because we never had one when we were in school. So, what's the deal with resumes here? Resumes are the college application committee's way of determining what a student has accomplished in their high school career. To prevent the common laundry list mishap, take some time to research online about resumes for college applicants. The college applicant resume should be at least one page long and should cover the highlights of their achievements. In the actual college application and personal essays, you can give a more thorough account of what you accomplished.

High school is more than just a pathway to college. It should be the time for experimenting, learning and self-discovery. During this time, you need to be ready to embrace new activities and challenge yourself with rigorous courses. This is essentially what you want to showcase in your resume. Every school has a different admission criterion, but the general format is the same everywhere.

If you are aiming for top schools, you will need to plan well in advance, as they tend to be highly selective in the admission process and may have additional requirements, such as SAT subject tests. For each specific university, refer to its website for the requirements, but in general, most universities look at the following criteria for admission:

- ✚ High school GPA and class rank
- ✚ Standardized test scores from the ACT or SAT and PSAT/National Merit Scholarship
- ✚ Awards and honors
- ✚ Letters of recommendation
- ✚ Personal and supplemental essays
- ✚ Volunteer activities
- ✚ Extracurriculars- especially those that demonstrate leadership and commitment skills
- ✚ Research experience - including publications
- ✚ High school course intensity- AP or IB coursework, honors classes
- ✚ Jobs and internships
- ✚ External factors: state of residence, legacy status, athletic ability, special talents, etc.

Include these things in your resume (except for the state of residence or legacy status- there will be space elsewhere in the application to include these). When creating your resume, be ready to compete with other ambitious students. Don't just list activities and experiences, instead elaborate on them with a sentence or two explaining why colleges should consider you outstanding. Include strong resume action words (examples can be found online) and use clear and concise wording.



**Karthik Pradeep (University of Alabama)**

Although undergraduate admission starts in the middle of October in 12<sup>th</sup> grade, you should gather achievements and experiences from the beginning of high school. Start early, and remember to challenge yourself by taking advanced courses, pursue leadership positions and build strong relationships with your teachers and community mentors.

### When to Apply?

Students apply to college during the fall semester of their senior year (12<sup>th</sup> grade). There are three types of admissions: Early Decision, Early Action, and Regular Decision.

Early Decision (ED) is a binding agreement to attend a university if you are given admission. The deadline is typically in early November, and the admission status usually comes out in December. This is an option to consider for students who have a top choice of one university. Applying early decision can possibly give you a better chance of getting into the university, since you are competing against a smaller pool of applicants compared to regular decision. Also, if you are accepted early, you can relieve some stress in the upcoming months, as you do not need to apply to any more colleges. However, this is a binding agreement, so even if the university provides very little financial aid or you find that you enjoy another school more, if you are accepted, you **MUST** attend that school.



**Nidhi S Menon (University of Tennessee, Knoxville)**

Early action (EA) is like early decision; in that the deadline is in November and admission status is in December, but you are not in a binding agreement to attend that university. This is a good option for those who are interested in many colleges and would like to know their admission status early. If you are accepted to the college, you are not required to attend. However, some schools have restrictive early action, where you can only apply to one university early action.

Regular decision (RD) is the most common approach to college applications. The deadline is in late December and the admission results come out in April or May. This decision allows you to take more time to finish your applications and research university options, without binding you to one option. However, compared to EA and ED, the decisions come out later in the year. Some schools also offer *Rolling Admissions*, where students have a larger window of several months to apply to a college

of their choice. Not all colleges offer EA and/or ED, so check the respective websites of the institutions that you are interested in to find what decision types they offer.

Deadlines may vary between universities, so as you complete your application, keep the respective date(s) in mind.

### Securing Admission

When choosing colleges to apply to, note its acceptance rate and selectivity. Compare your GPA and Standardized Test Scores to the average of admitted students. Remember to apply to a wide variety of university calibers, focusing on those that fit your scores. To be on a safe side, in addition to applying to schools with average scores at or above your scores, be sure to apply to at least three college with lower average scores, to ensure that you gain admission somewhere. If you are not ready to compete, it's not better to attend a highly prestigious & selective university. Performing very well at a lower ranked institution is better than performing very poorly at a higher ranked institution.

### GPA Requirements

GPA or Grade Point Average, is the average of the grades received in high school. This is typically weighted at 4.0, so that a 4.0 is the highest possible score and indicates that you received an A in all your courses. Top universities require you to have a high GPA to be considered. If your GPA is at or below school average, you'll need a higher SAT or ACT score to compensate and allow you to effectively compete against other applicants. Typically, GPA determines class ranking and having a high-class ranking indicates that you are a good applicant for top universities.

### Standardized testing

Each university has different requirements for standardized testing. Most schools require the SAT or ACT, and many also require SAT subject tests. The SAT and ACT are timed tests that examine your understanding of math, English, and other subjects. Preparation for these exams is best done by practicing problems through books that can be purchased or borrowed from the library, online resources such as Khan Academy, or through a private tutor in a prep course. SAT subject tests examine your understanding of specific areas, such as world history, chemistry, and Spanish. I recommend that if you are already preparing for an AP exam and feel prepared and confident about that

subject, to sign up for a SAT subject test in June for that same subject. This way, you will not need to relearn material as the subject test is just one month after the AP exam.

### Letters of Recommendation

Letters of Recommendation allow colleges to get another opinion about what type of student and person you are. During high school, it is important to develop a strong relationship with teachers. This can involve doing well in class, participating in discussions, and asking questions. Students can get acquainted with teachers by participating in a club that the teacher sponsors or becoming a teacher's assistant.

### Essay

The essay is an integral part of showing who you are and what defines you as a person. It allows admissions officers to gain a deeper perspective of your characteristics and passions. A strong essay can boost your application and define you among a sea of applicants. Depending on what topic you choose, link your essay to an experience in your resume (for example, an interaction you had while volunteering) or a critical feature about your personality. The essay doesn't have to be about something life changing or philosophical. Smaller topics, written well, almost always work best. Don't forget to ask multiple people to read your essay and critique it.

Note to Parents: Suggestions are beneficial, but it is more powerful when the student writes it in their own words and based on their experiences.

### Volunteering and Extracurriculars

Volunteering has several advantages. By volunteering, you are demonstrating that you understand your responsibility to make your community better and to give back. You also are proving that you know how to manage your time beyond academic activities. Find something you are passionate about and lead it.

The KAN Outreach Committee provides a great volunteering opportunity working with non-profit organizations around Nashville. Other great volunteering opportunities are provided by Hands on Nashville, Second Harvest Food Bank, the Oasis Center, the Nashville Rescue Mission, Habitat for Humanity, Hospitals, Religious Organizations, and Your School.



**Anupam Gopinath (University of Tennessee, Knoxville)**

Extracurriculars are a crucial way to demonstrate your ability to perform outside of academics. Find something that you are interested in, such as playing sports, playing an instrument, debating or doing research. Show commitment to your interests by dedicating time to it for as many years as possible. Also, applying to and placing at regional, state, or national level competitions shows your competency and skill in that area. A key aspect about volunteering & extracurricular activities is the difference between being a member of a group versus leading a group. This makes a tremendous difference about your role in the community and your ability to work with others. Be a leader, if you can and always keep note of what role you had as a leader and what you learned.

In addition, successful leadership in volunteering and extracurriculars can aid in scholarships as well. Leading private scholarships, such as the Coca-Cola Scholars Program Scholarship (<http://www.coca-colascholarsfoundation.org/>) requires strong leadership achievements.

When it comes to college, choose a decision that fits your dreams and make the strides to achieve that goal. As far as finances and scholarships, I will talk about that later.

**About the author:** A physicist, focusing on research and teaching in biomedical physics at Vanderbilt University Medical Center



## ലോക കേരള സഭ - എന്ത്? എന്തിന്?



ഷിബു പിള്ള

2018 ജനുവരി 12, 13 തീയതികളിൽ തിരുവനന്തപുരത്ത് വച്ച് കേരള സർക്കാരിന്റെ നേതൃത്വത്തിൽ ലോക കേരള സഭയുടെ ആദ്യത്തെ സമ്മേളനം ചേർന്നിരുന്നത് ഇതിനോടകം അറിഞ്ഞുകാണുമല്ലോ. അതിന്റെ പശ്ചാത്തലത്തിൽ ലോക കേരള സഭയുടെ പ്രസക്തി, ലക്ഷ്യങ്ങൾ, പ്രവർത്തനങ്ങൾ എന്നിവയാണ് ഇവിടെ പ്രതിപാദിക്കുന്നത്.

നമ്മുടെ കൊച്ചു കേരളത്തിന്, ഇന്ത്യയിലെ ഇതര സംസ്ഥാനങ്ങൾക്കും കേന്ദ്ര സർക്കാരിന് തന്നെയും മികച്ച മാതൃകകൾ സൃഷ്ടിക്കാൻ മുൻകാലങ്ങളിൽ കഴിഞ്ഞിട്ടുണ്ട്. അത്തരത്തിൽ ഒരുപക്ഷേ ചരിത്രത്തിൽ ഇടം പിടിക്കാൻ പോകുന്ന ഒന്നാകും ലോക കേരള സഭയും. കേരളത്തിന്റെ അതിർവരമ്പുകൾ കടന്നു ലോകത്തിന്റെ വിവിധ കോണുകളിലേക്ക് കേരളം വളരുന്നു എന്ന തിരിച്ചറിവാണ് ഇത് രൂപീകരിക്കാനുണ്ടായ പ്രേരണ. ഇത്തരത്തിൽ മാറ്റുമ്പോഴും വിവിധ രാജ്യങ്ങളിലും പ്രദേശങ്ങളിലും അധിവസിക്കുന്ന കേരളീയർ തമ്മിൽ ആശയവിനിമയം സാധ്യമാക്കുന്നതിനും പരസ്പര സഹകരണം ഉറപ്പ് വരുത്തുന്നതിനും ബൃഹത് കേരളത്തെ ഒരുമിപ്പിച്ചു നിർത്തുന്നതിനും ഉള്ള സംവിധാനം ഇന്ന് നിലവിലില്ല. ഇത് പരിഹരിക്കുക എന്നതാണ് ലോക കേരള സഭയുടെ പരമമായ ലക്ഷ്യം.

കേരളീയരുടെ പൊതു സംസ്കാരത്തെയും സാമൂഹ്യ-സാമ്പത്തിക വികസനത്തെയും കുറിച്ച് തീരുമാനങ്ങൾ എടുക്കുന്നതിൽ കേരളത്തിന് അകത്തുള്ളത് പോലെ തന്നെ പുറത്തുള്ളവരേയും പങ്കാളികളാക്കാൻ സഭയ്ക്ക് ഒരു ചാലക ശക്തിയായി പ്രവർത്തിക്കാൻ കഴിയും. ഭാഷാപരമോ പ്രദേശപരമോ കക്ഷിരാഷ്ട്രീയപരമോ ആയ ചിന്തകളല്ല, മറിച്ച് സ്വാതന്ത്ര്യം, ജനാധിപത്യം, സാമൂഹ്യനീതി, മതനിരപേക്ഷത തുടങ്ങി കേരളം പൊതുവേ അംഗീകരിക്കുന്ന വിശ്വമാനവികതയുടെ മൂല്യങ്ങൾ ആയിരിയ്ക്കും സഭ ഉയർത്തിപ്പിടിക്കുന്നത്. ഇത്തരത്തിൽ കേരളത്തിന്റെ

ജനാധിപത്യവൽക്കരണത്തിന്റെ ചരിത്രത്തിൽ ഒരു പുതിയ നാഴികകല്ലായിരിക്കും ഇത്.

ലോക കേരള സഭ, രാജ്യസഭയുടെ മാതൃകയിൽ ഒരു സ്ഥിരം സഭയായിരിക്കും. ഇതിന്റെ അംഗബലം 351 ആണ്. കേരള നിയമസഭയിലെ മുഴുവൻ അംഗങ്ങളും കേരളത്തെ പ്രതിനിധാനം ചെയ്യുന്ന പാർലമെന്റ് അംഗങ്ങളും ഇതിലെ അംഗങ്ങളാണ്. ഇതിനു പുറമെ കേരളീയ പ്രവാസികളെ പ്രതിനിധാനം ചെയ്തു 178 അംഗങ്ങളെ കേരള സർക്കാർ നാമനിർദ്ദേശം ചെയ്തിട്ടുണ്ട്.



## പ്രധാന നിർദ്ദേശങ്ങൾ

- ✚ വിദേശത്തുള്ള പ്രവാസി വ്യവസായ-വാണിജ്യ സംരംഭകരുമായി സജീവ ബന്ധം പുലർത്തുന്നതിനായി ഓരോ വിദേശ മേഖലയ്ക്കും പ്രത്യേക ചേംബർ എന്ന നിലയിൽ പ്രവാസി വാണിജ്യ ചേംബറുകൾ കൊണ്ട് വരുക. ഇവരും കേരളത്തിൽ പ്രവർത്തിക്കുന്ന വാണിജ്യ ചേംബറുകളും തമ്മിൽ നല്ല ബന്ധം വളർത്തിയെടുത്ത് ഒരു മലയാളി വ്യവസായ - വാണിജ്യ കൂട്ടുകെട്ട് ഉണ്ടാക്കുക
- ✚ എല്ലാ രാജ്യങ്ങളിലും പ്രവാസി പ്രൊഫഷണൽ സമിതികൾ ഉണ്ടാക്കുക.
- ✚ വിവിധ രാജ്യങ്ങളിലെ പ്രൊഫഷണലുകളുടെ സേവനം കേരളത്തിലെ ഗവേഷണ- വ്യവസായ സ്ഥാപനങ്ങൾക്ക് ലഭ്യമാക്കുക. അത് വഴി കേരളത്തിന്റെ ശാസ്ത്ര-സാങ്കേതിക-വൈജ്ഞാനിക മേഖലകളിൽ വികസനം കൊണ്ട് വരുക.
- ✚ വിദേശത്തു ജോലി ചെയ്യുന്നവരും തിരിച്ചു വരുന്നവരും മറ്റ് സംസ്ഥാനങ്ങളിൽ ജോലി ചെയ്യുന്നവരുമായ മുഴുവൻ മലയാളികൾക്കുംവേണ്ടി പ്രത്യേക വിഭാഗങ്ങൾ NORKA യിൽ ഉണ്ടാക്കുക. ഇതിന്റെ ചുമതലകൾ പ്രൊഫഷണലുകളെ ഏൽപ്പിക്കുക.
- ✚ കേരള വികസന നിധി രൂപീകരിക്കുക. നിശ്ചിത തുകയ്ക്കുള്ള ഡെപോസിറ്റ് പ്രഖ്യാപിക്കുന്ന സംരംഭകർക്ക് പ്രവാസം

മതിയാക്കി നാട്ടിൽ എത്തുമ്പോൾ യോഗ്യതയ്ക്ക് അനുസരിച്ചുള്ള ജോലി ലഭിക്കാനുള്ള സാധ്യത ഉണ്ട്.

- ✚ സംരംഭങ്ങൾ ആരംഭിക്കുന്നതിന് പ്രവാസികൾക്ക് പ്രത്യേക വായ്പ സൗകര്യങ്ങൾ ഉറപ്പാക്കുക.
- ✚ മടങ്ങിപ്പോകുന്ന പ്രവാസികളുമായി, വിശിഷ്ട പ്രൊഫഷണൽ ജോലി ചെയ്യുന്നവരുമായി നേരത്തെ ആശയ വിനിമയം നടത്തുന്നതിനായി ഒരു ഏജൻസി രൂപീകരിക്കുക.
- ✚ നിക്ഷേപകർക്ക് ഏക ജാലക സംവിധാനത്തിലൂടെ അനുവാദം നൽകുക.
- ✚ പ്രവാസി സംഘടനകളെ ഏകോപിപ്പിച്ചുകൊണ്ട് രോഗം വന്നുവരുന്ന അപകടം സംഭവിച്ചവർക്കും ജോലി നഷ്ടപ്പെട്ടവർക്കും സംരക്ഷണം നൽകാൻ ഉതകുന്ന സ്കീം രൂപീകരിക്കുക.

ഇത്തരത്തിൽ പ്രവാസികളുടെ പൊതുപ്രശ്നങ്ങളിൽ വേണ്ട രൂപത്തിൽ ഇടപെടുവാനും ആവശ്യമായവ കേന്ദ്ര-സംസ്ഥാന സർക്കാരുകളുടെ ശ്രദ്ധയിൽ കൊണ്ട് വരുന്നതിനും അനുഭാവപൂർണ്ണമായ നടപടികൾ ശുപാർശ ചെയ്യുന്നതിനും, അതോടൊപ്പം കേരളത്തിന്റെ സമഗ്രമായ പുരോഗതിക്ക് വേണ്ടി പ്രവാസികളുടെ സേവനം വേണ്ട രൂപത്തിൽ ഉപകാരപ്പെടുത്തുവാനും ലോക കേരള സഭയ്ക്ക് കഴിയുമെന്ന് പ്രത്യാശിക്കുന്നു.

**About the author:** A seasoned IT professional working at Wipro technologies. He is one of the LKS member from North Americas.



## A Selfie



**Dona Biju Joseph**

**He did not have strong arms**

Education is a farce, for what good does algebra and the Mesopotamian civilization do to cultivate mercy in my soul. The long years turned me oblivious, the emphasis was to puff up my head, causing the heart to shrink.

**Nor a handsome face;**

**But if you had paused and looked, the child in his eyes would have put you to shame**

My speed and accuracy are a testament of how far I can leave others behind. It doesn't teach me to lift the fallen, to help or heal the broken hearted.

**His color matched the hue of darkness that resided in their hearts**

**Oh, it was a lot lighter than what they carried inwards**

I am taught well to make 'good' judgements, judgements that make me categorize people into different boxes and in the process, I can't help myself to think outside these boxes.



**His faculties were blurry per social standards  
But he could see into worlds unknown to others**

I see what I am asked to see. They forgot to teach me to look. To look for need in my fellow beings.

**Crime is a definition, an excuse they came up with  
Need was a need imposed on him by nature**

It got me into this rat race, with my blinders on I race, a race to nowhere and I still race.

**Make and model, stature and status  
Social aids to get away with a lot of things**

All that is left, is for me to feel remorse and to teach myself. Can compassion be taught? Can numb conscious be healed? to see past every kind of veils and barriers put in place that differentiate and segregate human beings....

**Did he raise his voice, did he try to explain himself to the deaf?  
Did they cringe, did they flinch when he bled?**

**Did his body had to be battered to be cured of hunger, did it had to be torn to free his soul beyond yonder?**

**Dedicated to the voiceless and the defenseless lives snuffed out by the lettered**

***About the author:** A Pharmacist at Kroger and at other times can be found busy with home administration, takes delight in baking and desires reading when possible.*

## അധികാരി



**ദീപ അനീൽ**

**മനുഷ്യ നീയാണോ  
ഈ ലോകത്തിൻ അധിപൻ**

നിനക്കകമോ സൂര്യന്റെ താപത്തെ ചെറുക്കാൻ  
നിനക്കകമോ പകലിനെ മറക്കാൻ  
നിനക്കകമോ കാറ്റിനെ തടുക്കാൻ  
നിനക്കകമോ ഭൂമിതൻ കോപത്തെ ശമിപ്പാൻ  
നിനക്കകമോ ചന്ദ്രന്റെ നറുനിലാവിനെ വെല്ലാൻ

നിനക്കകമോ രാത്രിയെ പുതക്കാൻ  
നിനക്കകമോ നിദ്രയെ തടുക്കാൻ

ആവില്ല നിന്നാൽ സർവ്വേശ്വരനെ വെല്ലാൻ  
മനുഷ്യ നിയല്ല ഈ ലോകത്തിനധിപൻ



***About the author:** A house wife and mother, who loves to spend time with her family and friends*

## A World without Plastic Pollution



**Anantha S Lekshmanan**

*From poisoning and injuring marine life to disrupting human hormones, from littering our beaches and landscapes to clogging our waste streams and landfills, the exponential growth of plastics is now threatening the survival of our planet*

Courtesy: <https://www.earthday.org/>



Few simple tips to reduce plastic pollution in your daily lives :

- ✚ Carry your own shopping bag to the grocery store
- ✚ Avoid excessive food packaging
- ✚ Switch to "non-plastic" based food storage options
- ✚ Say "NO" to disposables - straw, cutlery, razor, styrofoam etc.
- ✚ Stop/Reduce buying bottled water
- ✚ Carry your own coffee mug to work
- ✚ Switch/Reduce plastic based consumer products to bio-friendly products
- ✚ Produce products like cleaners, toothpaste etc. at home
- ✚ Give up gum
- ✚ Reduce, Reuse, Recycle

**Be the voice:** Learn, Act and Engage. Spread the word, let us encourage our family and friends to join hands to protect our beautiful yet fragile environment from plastic and other forms of pollution.

Let us leave a better world for our children and future generations to come...

*We do not inherit the Earth from Our Ancestors; We Borrow It from Our Children*

~Native American Proverb

***About the author:** An IT professional passionate about environment, outdoors and sports*



## Prayers



Joyce John

### A Child's Prayer

Dear God,  
For my beautiful life  
I give you thanks;  
For my parents who love  
And for friends who care;  
For a home that is radiant  
With the love that stays;  
For a table which fills  
Our bellies and our minds;  
For the stories we share  
As we offer our prayers;  
For a kind God that we trust  
To guide and care;  
For the beautiful world  
With adventures to share;  
For the teachers who ignite  
The spark in our minds  
To head out there, to learn and to share!



### A Parent's Prayer

Dear God,  
Let our light be sufficient,  
And lighten their paths.  
Let their hearts be fearless,  
And know we are near.  
Let their thoughts be merry,  
And cheerful and bright.  
Let their words be wise,  
And guide their ways.  
Let their minds be bright,  
And eager to learn.  
Let them be loved,  
And never fear to love.  
Let our prayers be enough,  
And keep them from harm.  
Let our memories never die,  
And always be cherished.  
Let our love endure  
And continue to flourish!

**About the author:** A house wife and mother, who loves to spend time with her family alongside multiple hobbies such as crafting, dancing, blogging, etc.



## \*\*\* Children's corner \*\*\*



### A pup's story



Rikshwith Binosh

One day on a Sunday morning at 9:00am a family came to pick me up. They took me and went to the pet accessories section. I was bought a new super comfortable cage, a dog bed, some awesome new toys, dog food and treats. They took everything they bought in a bag, except the cage. They put me in the cage and took me to their house. Once we got to the house they opened the door of my cage and let me go. I ran around the house and looked around.

The next day when I woke up, my owners little daughter got sick. I found out that she was allergic to cats and dogs. The family was going to give me away, but instead they let the family next door adopt me. Before they gave me away, they gave the neighbors my super comfortable cage, my dog bed and toys.

They didn't need the dog food or dog treats because they already had dog food and dog treats.



My old family told all the information and details about me to the new family that I will live with. They took me and my supplies, to the house. I met a husky who became my BFF (Best Friend Forever). I told him my name is Daniel and he told me his name is Winter.

We met each other and made up a secret paw shake. He showed me around the house and I was amazed. It was such a beautiful house! I met a cat named Lizzie.

I was happy that Lizzie was a nice and respectful cat. She wasn't a grumpy or cranky mad cat. It was night time and Winter showed me where I would sleep. He said that he and I would sleep in his room. We went in his room and slept on his bed. But both of us couldn't sleep.

After a while we heard a sound downstairs. We got out of our room and went to check it. When we got downstairs, we found out there was a robber trying to steal the family's money and gold. We started barking and barking until the family woke up. The family called the cops.

Cops came, handcuffed the robber and took the robber to jail. Me and Winter did our secret paw shake. The family came hugged us and gave us treats. Winter said, we are 2 doggy heroes. We got so happy that we did our secret paw shake once again.

The next day we found out that we were on the newspaper. We became actual famous doggy heroes. Then we heard the doorbell ring. The family opened the door and tons of people were standing in front of us. Lizzie got so jealous that she just went crawling away. The people wanted photographs of me and winter. We let them take the photos. Two super hero doggies.

**Author's note:** I am positive and loyal, I look forward to help others.

## Leadership is My Responsibility



Navaneeth Shibu

Many great and important leaders originated from America. Leadership is a key to success and anybody can be a leader. In fact, everyone is required to take leadership of themselves and the responsibilities grow as life progresses. With great power comes great responsibility. My responsibility to America is to take leadership of other people if they need it.

Not everyone is rich or even part of the middle class. There are many people who are in desperate need of essentials such as water, a roof above their head, and even food. It is the duty of the blessed to help those in need and help them get through their tough times. Even though some people disagree, money does make the world go around. Almost every aspect of life can be determined by the pieces of paper we call currency.

People need to start taking steps to help others in need of essentials. Encourage others to follow your example and make sure your example is a good one. That's what a true leader does.



True leaders not only stand up for others, but for themselves as well. Stand up for yourself. If you are the only one believing in a good cause, then you know the obstacles that leadership requires you to navigate through. At the very end, it's worth it. Leaders are not those who make others do what they would not want to do themselves. Leaders set perfect examples for

others to follow and them to maintain. Everybody makes mistakes, even leaders.

Leaders must learn from their mistake(s), take responsibility for their mistake(s), and even give others the opportunity to learn from their own mistakes.



My responsibility to America, is to be a leader even if it means taking care of simple things. Taking leadership is hard and nobody really wants to cope up with the stress that comes with the duty of being a leader. A true leader accepts the stress while the less brave declines it and fail at being a leader for something other than themselves. The United States of America already has many great leaders but there is always room for more effective, successful, intellectual, and responsible leaders.

**Author's note:** I am a Sophomore at Wilson Central High School. I am an active member of the Theatre Department, BETA club and the Teen-Court. I am also on the Executive Board of the Student's Council.

## My Motherland – Keralam



Kalyaane Pathiary

Namaskaram, I am going to tell you about my own motherland, Keralam (Kerala) fondly called as "God's Own Country". Keralam means the land of Kera or Coconuts. Kerala's greenery & landscape, food, festivals, language, history & culture are remarkable. In this article I will be explaining why Kerala is a wonderful place.

Trivandrum the capital of Princely State of Travancore is renamed as Thiruvananthapuram, Kerala's capital and is a beautiful city. This southernmost coastal district has many reminiscents of the Travancore King including old forts and temples. It is the largest city in

Kerala. The name Thiruvananthapuram means the "Abode of Lord Anantha." Kerala is a tropical land known for its beauty with spectacular mountains, serene beaches, scenic backwaters and wildlife, that no other place can claim. Blessed with a beautiful weather, Kerala has a rich culture & tradition. Some of these culture trails back to the Travancore royal family, King Swati Thirunal known for classical music & dance and, Raja Ravi Varma a renowned painter. A shining example of Kerala's harmony can be clearly seen at a place called Palayam. Where in the Palayam Shakthi Vinayaka Temple is on one side, a mosque at it's right and a St. Joseph's church on the other. All this while they share a common compound wall at the Palayam junction, where you get to listen to the Hindu Chants, the Church bells and the Namaaz Ada at the same time!



Kerala is home to many delicious dishes and rare species. One of Kerala's most famous feast is known as "the sadya", which is a vegetarian banquet prepared for festivals and ceremonies. A sadya is served on a banana leaf. A sadya includes rice, sambar, rasam, parippu, kaalan, aviya, thoran, olan, pachadi, kichadi, koottukari, erissery, mango pickle, lemon pickle, pappadam and chips. The traditional dessert is called as payasam and is served at the very end of every sadya. There are also many non-vegetarian dishes as well. Sadya is termed to be Kerala's most popular dish.



Kerala's main festival is Onam. Onam commemorates the Vamana Avatar of Lord Vishnu, an occasion where family and friends get together. Onam, is celebrated even abroad and is an occasion of togetherness, friendship and fun.

The official language of Kerala is Malayalam - a palindrome. Referred by the language, people from Kerala, are called Malayalees. Malayalam



is a Dravidian language spoken across Kerala and is one of the 22 official languages of India. Malayalam is the official language of the state of Kerala and for the union territories of Lakshadweep. For Malayalees, Malayalam is the mother tongue. Malayalees consider education as an essential part of life, thus Kerala has the highest literacy rates in India.

Kerala was founded on November 1, 1956, long after Indian independence. Before the state of Kerala was formed, it constituted of three provinces, Malabar, Cochin (Thiru-Kochi), and Travancore.

The elephant is the state animal of Kerala, and you may see it on the seal of Kerala. Kerala has more than 700 elephants in captivity. Elephants in Kerala are often referred as “sons of sahya” - after the Sahyadri Mountain - the Western Ghats. Decorated elephants with golden plates called “nettippattam”, bells, and necklaces looks elegant. Many elephants are featured in the local legends of Kerala.

In summary, Kerala is a wonderland to visit and live in. Kerala is my motherland. There are still so much more facts about Kerala that I would like to share, maybe next time.

**Author's note:** I am a 5th grader at Meigs Magnet Middle School and I am passionate about singing and dancing.

## Are video games good for you?



**Ashika Pradeep**

Did you know that video games enhance players reading, coordination, and visual skills? The articles, “The Violent Side of Video Games” and “What Video Games Can Teach Us” both by Emily Sohn explain how video games affect children. Video games are good for young people, because they strengthen many skills.

Video games can increase our ability to do very important tasks. According to the article, “What Video Games Can Teach Us” Study says, “Frequent game players between the ages of 18 and 23 were better at monitoring what was happening around them, better than those who didn’t play as often or didn’t play at all. They could keep track of more objects at any given time. Also, they were faster at picking out objects from a cluttered environment.” This proves that playing video games can improve our coordination and visual skills. Video games

are now exceeding our expectations by increasing the intensity of our capabilities.

In fact, a variety of studies are starting to show that playing video games can help people develop visual skills, learn about computers, and stay interested in school.” What the article is trying to say is that video games’ positive effects may outnumber the negative effects. Video games can help students in mental ways by improving their coordination and visual skills.



On the other hand, video games can be a negative role model to the players. The article, “The Violent Side of Video Games,” states, “If you’ve ever watched young children watching kickboxing,” says child psychologists John Murray, ‘within a few minutes they start popping up and pushing and shoving and imitating the actions.’

This shows that children will imitate the violence shown in video games. As you can see the children copy what they are watching, which can lead to violent or disturbing behavior. Video games may cause children to become violent in some cases. Video games can improve players visual and coordination skills. They can also inspire students to learn. In conclusion, video games are more helpful and enhancing to students and players than being negative towards them.

**Authors note:** I am in 8th grade. I enjoy art, reading, writing, baking, and having fun.

## A day to remember



**Michele Mary Vincent**

It was a marvelous day. I was looking out of the window, smiling as the soft breeze kissed my face. The cows were chewing the soft green grass, while my father collected the milk. My mother was getting the round hard eggs. Everything looked normal, but I just didn’t know

it then. A 200-mile wide storm was about to strike in Colorado, and I would see it with my own eyes.

Suddenly, the animals were coughing. The cows were sneezing. The chicken started hiccupping. It was like they were trying to breathe. Mama and Papa tried to settle down all the animals, but it was no use. Then Mama and Papa were also coughing. I glanced at the window and saw a humongous dust storm coming our way.



I yelled to Mama and Papa, “Put the animals in a safe place and run as fast as you could inside,” After five long minutes, we were all inside. I told them to look outside through the window. They agreed,” We should go down to our room since it was the safest there”. I knew it was going to be a long Sunday.

We sat in the room hoping that this nightmare would not end the world. We looked at each other’s eyes thinking what would happen to the animals, our friends and ourselves. We prayed to God as we sat in the dark room. Occasionally, we would hear the gritty wind rake across the field and people screaming. I sat in the dark room for hours trying not to lose faith and hope. Finally, it was over! We went outside and looked for our animals. We saw some of our neighbor’s animal’s dead. We were just thankful that none of our animals were dead. Most of them were covered in dust and their noses blocked with dust. As I cleaned them up, I looked at the sky seeing a face smile at me with happiness that the horrible storm was over.

That day I learned that when a family like ours prays with hope and faith, with all their heart, they will make it out of the crisis. The family is indestructible. I will never forget yesterday.

**Author's note:** I am a 5<sup>th</sup> grader at Edmondson Elementary School. I am passionate about reading, writing and dancing. I love the beaches, baking and basketball.

## Living in My Past



Dia Manoj

My eyes fluttered. There was a light in the distance. When I woke up, I am in a bed. I look around. I feel something brush against my arm. I feel my head... I'M A GIRL?! Dark hair swirled down to my pale arms. I was wearing light purple pajamas. Ugh... I groan and fall back on the bed.

Where am I? Who am I? Then, the real question pondered me. *When* am I? Old fashioned dolls sat in a corner. An old clock stood nearby. I was NOT in the year 2018. I know I've only been a girl for a few minutes. But, I feel like I've been like this for a long time. Almost like a whole lifetime.

"MAE! COME DOWN HERE!", a lady yelled. I guess I am Mae. I run out of bed and down the long stairs. Downstairs, I find a lady with similar dark hair showering over her shoulders. I guess that's my mom. Oh, wait, I forgot.

"Um... don't I have to go to school?", I ask.

"SCHOOL??? Ha, stop joking!", she laughs, "The war stopped anybody from going to school. Now go eat breakfast."

No school? I think I'm starting to like this place!

As I eat, I think about where I am. It took a while for me to figure it out.

"Well, if I feel normal, this is my life. My PAST life. I'm living in the past... my past.", I whisper.

"What?", my past mom asks.

"Nothing...", I smile.

After breakfast, I go outside. That's when all the trouble starts. I hear large stomps coming my way. Soon, I see two tall boots in front of me.

"What are you doing, girl?", a man asks with a strong accent. His face was hard, cold, and mad with anger. He had a stiff, huge, uniform on. Beads of sweat cover my head and my hands ball up into fists. My eyes dart around.

"Where are your parents? Wait, you are Jewish aren't you...", he asks harshly. I become so nervous that I run. Away. Fast. I hear the man coming after me, swearing on his last breath. But I don't look back. I just keep running. My feet dragged across the road, each step felt like

I was walking on nails. I took 4 quick turns to confuse him. He missed me on my first turn. After, I ran real fast trying to find the way back home. It was hard, especially because I just barely knew the way. Soon, I reached home. I run inside, slam the door shut, and flop onto the couch.

"WHERE WERE YOU?", my mom asked.

"There was a, gasp, man in, gasp, tall boots and a uniform.", I plunged out the words between tired gasps.

"You got caught by a Nazi soldier? Did you tell him we are Jewish?", she questioned frantically. Then came the pang of guilt.

"He kind of already found out...", I replied sheepishly

Even though she forgave me, I still felt awfully guilty. I put this innocent woman's life to a terrible risk. She is in danger. We are in danger. I need to fix this. I grabbed a bag, and put food, water, and other necessities inside. We were not safe here. We need to move. Now.

At first, she was hesitant. I explained that we didn't have much time, and that the soldiers were coming for us. She still said no. But when she heard a shout from a soldier nearby, she dropped, helpless, and gave in. We ran out the back door. We were only lucky to miss the soldiers. By the time we reached the rusty train station, everything had changed. The mood was gloomy, and melancholy. We hid away from Nazi soldiers, which was tough, considering they were everywhere. However, somehow, my mom got us a train ride. She paid for a ticket with almost all the money she had. However, if the guy knew she was Jewish, she wouldn't have gotten the tickets.

The ride was beautiful. My mom showed me around to the new areas, not even hesitating to answer my questions. Germany is lovely. Dark, but lovely. The war destroyed the land though. Injured people were everywhere. Rubble and trash were all over the grounds. Dust fogged up the air. It looked almost mysterious. My mom talked about the castles and old structures here. When the war ends, Germany will be even more amazing again. The train ride finally ended. We walked for a while, not knowing at all where we were going. Soon, we found an old cottage on a small hill. It wasn't in its best state, for the roof leaked and the rooms were full of dust. But, we managed.

There is a knock at the door. We jump up from our seats.

"OPEN UP! WE KNOW YOU ARE IN THERE!"

It's a soldier. Oh no. We both get under the beds. I start to sweat, and my eyes droop. We are in trouble. My breathing goes funny, and my eyes shut close.

I am in a white background. Am I dead? No. I couldn't be. The soldiers never came in and beside me were two stairs. One was pink and the other was blue. The pink one said "past", and the other said "future". I could go back to my old life... Back to my friends, school and *no Nazis. Or fear.*

But, my mom. My past mom is alone with the Nazis at the door! I don't want her to die. But, I may not be able to come back... I stare up the blue stairs. She needs me... I turn and look back at the other pink stairs and run over to it. I loved her too much to go back home. I ran up the stairs to live in my past again.

I open my eyes. I am back under the bed. My mom is beside me. The knocks got louder by the minute, until they kicked over the door, which almost hit the beds. They hear our gasps and knock over the beds. She screams. I am scared too. I grab a leg of the broken bed and slam it against their heads. They cry in pain. I keep on hitting, until they back away.

"This girl is mad. Let's go.", one of them said. The other hesitated, but left, and looked back at us while he was being dragged away. Their faces were full of blood. But, so was mine. I turn back. My mom's still there, her eyes and mouth wide open in shock.

"Mae... how did you... do that...", she whispers.

"You're welcome.", I smile.

"I love you", I leaned in and hugged her.

"Me too", she whispered.

That day was filled up with her bandaging my face and hands. At the end, I could pass for a mummy. Soon, it gets dark, and we go to bed. Before I go to bed, I look over at her. I smile. We have a big day ahead of us. I finally close my eyes....

"NATE! COME DOWNSTAIRS! YOU ARE GOING TO MISS THE BUS!"

Ugh... I woke up. I was a boy again. And there was my dad. Yelling at me to get ready. My life is back to normal.

"COMING!"



I was disappointed for a second. Then, I grinned a stupid smile. I thought about all the adventures she and I had. It was fun having a mom... I was really going to miss her. But, who knows? Maybe another day, I'll get to live in my past again.

\*\*\* END \*\*\*

*My inspiration and idea to this short story came from watching a video where it talked about kids who remembered their past life and one of my readings about Nazi invasion.*

**Author's Note:** I am a 6<sup>th</sup> grader at Mill Creek Middle school. I love writing stories and sharing them.

## KAN Youth Leadership Forum Announcement



Dr. Uma Iyer

KAN Youth Leadership Forum would like to invite participation from KAN members who would like to involve their children in the forthcoming events and workshops planned for our Youth (ages 12-18).



Types of events considered for the Youth Leadership Forum 2018:

Provide workshops on college preparation, resume preparation and other professional development programs. Provide training and orientation for academic competitions and spelling bee competitions.

Other events will be identified through a needs assessment via an online survey followed by a kick-off event.

If you would like your children in the age group 12-18 years participate in KAN's Youth Leadership Forum, please send an e-mail to kanyouthforum@gmail.com with the following details:

1) Name(s), 2) Age (s) of Youth, 3) Name of parent, 4) phone number, and 5) contact e-mail for at least one parent so that they can participate in the online-survey regarding activities.

## സംഘടന റിപ്പോർട്ട്



രാകേഷ് കൃഷ്ണൻ

കേരള അസോസിയേഷൻ ഓഫ് നഷ്വിൽ 2018-ൽ ഇതുവരെ നടത്തിയ പ്രവർത്തനങ്ങളുടെ ഒരു ഇടക്കാല റിപ്പോർട്ടും അടുത്ത മൂന്ന് മാസം വരാനിരിക്കുന്ന പരിപാടികളും നിങ്ങളെ അറിയിക്കുക എന്നതാണ് എന്നിൽ നിഷ്പ്രഭമായിരിക്കുന്ന ചുമതല.

### വർഷിക പൊതുയോഗം

ഡിസംബർ 8, 2017യിൽ നടന്ന വാർഷിക ജനറൽബോഡി മീറ്റിംഗിൽ വച്ച് കാണിന്റെ പുതിയ ഭാരവാഹികളെ തെരഞ്ഞെടുത്തു.



KAN Executive Committee

2018യിലെ ആദ്യത്തെ പരിപാടിയായി കാൻ ആഘോഷിച്ചത് നവവത്സരം ആയിരുന്നു. ജനുവരി 20-ന് ആദ്യമേ നിശ്ചയിച്ച പരിപാടി പ്രതികൂല കാലാവസ്ഥ കാരണം മാറ്റിവെയ്ക്കേണ്ടി വന്നു. ആ ബുദ്ധിമുട്ട് തിരിച്ചറിഞ്ഞ് നിങ്ങളോരോരുത്തരും നിങ്ങളുടെ സായാഹ്നം കാണിനായി മാറ്റിവെച്ച് പരിപാടി ഒരു ഗംഭീര വിജയമാക്കി. പതിമൂന്നു പുതിയ കുടുംബങ്ങൾ കാണിൽ അംഗമായി. ധാരാളം വിനോദകരമായ പരപാടികളാലും, DJ Night കൊണ്ടും, മികച്ച ഭക്ഷണ കൊണ്ടും എല്ലാവരും അഭിനന്ദിക്കപ്പെട്ടതിൽ

കാണിന്റെ കൃതാർത്ഥത അറിയിച്ചു കൊള്ളട്ടെ. സൗണ്ട് - മൈക്ക് സിസ്റ്റം കുറച്ചു കൂടി മികച്ചതാകാം എന്ന അഭിപ്രായത്തെ മാനിക്കുന്നു. ഇനി വരുന്ന പരിപാടികൾ മികവുറ്റ സൗണ്ട് സിസ്റ്റം ഏർപ്പാട് ചെയ്യുന്നതാണ്. എന്നെ നിങ്ങളോടു സംവദിക്കാൻ സഹായിക്കുന്ന KANജനം എന്ന ഈ പ്രസിദ്ധീകരണം കാണിന്റെ മറ്റൊരു ശ്രദ്ധേയമായ ചുവടുവെപ്പ് ആണ്. നിങ്ങളിരോധത്തരീൽ ഉറങ്ങിക്കിടക്കുന്ന സാഹിത്യപരമായ സർഗ്ഗവാസനകൾക്ക് ജ്വാല പകരാൻ ഈ ഉദ്യമത്തിന് കഴിയും എന്ന് ഉറച്ച വിശ്വാസം ഞങ്ങൾക്കുണ്ട്.

### വനിത കൂട്ടായ്മ (വിമൻസ് ഫോറം)

മാർച്ച് 18-ന് കാൻ വനിതകൾ ഒത്തൊരുമിച്ചതാണ് ഈ വർഷത്തെ മറ്റൊരു പ്രത്യേകത. കാണിന്റെ ചരിത്രത്തിൽ ആദ്യമായി സംഘടിപ്പിച്ച ഈ ഒത്തുകൂടൽ നമ്മുടെ സ്ത്രീജനങ്ങൾക്കു കുറച്ചു നേരം എല്ലാമറന്ന തങ്ങളുടേതായ ലോകത്തു



KAN Womens forum

സമാനചിന്താഗതിക്കാരായ ഒരു കൂട്ടം സുഹൃത്തുക്കൾക്ക് ഒപ്പം ചിലവഴിക്കാൻ ഒരു വേദിയായി മാറിയത് ഞങ്ങളെ സംബന്ധിച്ചോളം ഏറ്റവും സന്തോഷപരമായ ഒരു കാര്യം ആണ്.



KCCN team sponsor Sam Anto and team

## KCCN (കാൻ ക്രിക്കറ്റ് ടീം)

കാനിന്റെ സ്വന്തം ക്രിക്കറ്റ് ക്ലബ്ബ് KCCN മാർച്ച് 31- ന് തങ്ങളുടെ ആദ്യത്തെ മൽസാരം വിജയിച്ചു. ഈ വർഷത്തെ ടൂർണമെന്റിൽ മികച്ച ഒരു തുടക്കം കുറിക്കുകയുണ്ടായി.

ഇതര സംസ്ഥാന ഇൻഡ്യക്കാർക്കിടയിൽ കാനിന്റെ മികവ് വിളിച്ചോതുവാൻ KCCNന്റെ സാന്നിധ്യത്തിന് കഴിഞ്ഞിട്ടുണ്ട്. വരും മത്സരങ്ങളിൽ വിജയിച്ചു KCCNനിന്ന് ഒരുപാട് മുന്നോട്ടു പോകാൻ കഴിയും എന്ന വിശ്വാസം ഇവിടെ പങ്കുവെച്ചു കൊള്ളട്ടെ.

## സന്നദ്ധ സേവനം (KAN Outreach)

കേരളത്തെയാകെ ഉലച്ച ഒരു സംഭവമാണല്ലോ ഓഖി ദുരന്തം. പ്രബുദ്ധരായ നാഷ്വിലിലെ മലയാളി സമൂഹം ഈ ദുരിതത്തെ തെട്ടലോടെയാണ് കേട്ടതും കണ്ടതും. അതുകൊണ്ടു തന്നെ തങ്ങളാലാവുന്ന വിധം ദുരിതാശ്വാസത്തിലേക്കു സംഭാവന ചെയ്യാൻ സന്നദ്ധരായി മുന്നോട്ടു വരികയും, കാനിന്റെ നേതൃത്വത്തിൽ \$2500.00 സമാഹരിച്ചു.



Marathon Volunteering 2017

ബഹുമാനപ്പെട്ട കേരള മുഖ്യമന്ത്രിയുടെ ദുരിതാശ്വാസ നിധിയിലേക്ക് സംഭാവന നൽകാൻ കഴിഞ്ഞ കാര്യം വളരെയധികം സന്തോഷത്തോടെ അറിയിച്ചുകൊള്ളട്ടെ.

ഏപ്രിൽ 28 ശനിയാഴ്ച്ച രാവിലെ ആറു മണി മുതൽ ഉച്ചക്ക് ഒരു മണിവരെ കാനിന്റെ നേതൃത്വത്തിൽ നാഷ്വിൽ മാരുത്തോൺ സന്നദ്ധ സേവനം നടത്തുന്ന വിവരം അറിഞ്ഞിരിക്കുമല്ലോ.

അതിൽ പങ്കെടുത്ത് കാനിന്റെ സേവന പാരമ്പര്യത്തെ വിജയിപ്പിക്കണമെന്ന് അഭ്യർത്ഥിക്കുന്നു.

## മധുരം 18

ദശ വാർഷികം ആഘോഷിക്കാൻ കാൻ ഒരു മെഗാ ഷോ മെയ് 11നിന്ന് സംഘടിപ്പിക്കുന്ന കാര്യം നിങ്ങൾക്കെല്ലാം അറിയാമല്ലോ.

നാഷ്വിലിലെ മലയാളികൾക്ക് വേണ്ടി കാൻ കൊണ്ടുവരുന്ന ഈ പരുപാടി പ്രശസ്ത സിനിമാനടൻ ബിജുമേനോന്റെ നേതൃത്വത്തിലും, സംവിധായകൻ ഷാഫിയുടെ മേൽനോട്ടത്തിലും ഒരുക്കുന്ന ഒരു മനോഹരമായ കലാവിരുന്നാണ്. ഈ പരുപാടിയിൽ പങ്കുകൊണ്ടു ഇതൊരു വിജയമാക്കി, ഇത് പോലെ ഒരായിരം പരിപാടി നാഷ്വിലിന്റെ മണ്ണിലേക്ക് കൊണ്ട് വരാൻ കാനിന് എല്ലാ പ്രചോദനവും നൽകുവാൻ നമ്മൾക്കൊരുമിത്തർക്കും കഴിയട്ടെ എന്ന് പ്രത്യാശിച്ചു കൊണ്ട് ഞാൻ നിർത്തട്ടെ.



Madhuram 18 ticket sales launch

## SUMMER SAFETY TIPS

- Stay hydrated.
- Don't stay out for too long.
- Check the forecast beforehand.
- Keep sunscreen nearby and use it.
- Check your prescriptions' side effects.
- Turn on the A/C.
- Beware of heat-related illnesses.





## Artists corner



Akaash Anilkumar



**About Artist:** I am a Sophomore at Wilson Central High School. I am an active member of the Teen-Court.





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